



To: Community Representatives

From: Thomas Gallagher, Ph.D., Director
Office of Community Liaison
National Institutes of Health (NIH)

Date: November 2002

NOTES FROM THE DIRECTOR, OFFICE OF COMMUNITY LIAISON

I have now been Director of the Office of Community Liaison for four months. I need to not forget to thank a lot of people for many acts of kindness to my family and to myself. But let me first digress...

In marriage, in business, in everyday events, I believe that one of the basic rules of fair play in any intellectual exchange is that courtesy and respect should dominate any discourse. Unfortunately, I'm afraid that we increasingly live in an environment dominated by bullying and confrontation. All too often and increasingly, each of us find ourselves in situations where we are forced to feel on the defensive. I wish that feeling on no one. Honorable people, in my opinion, can honestly disagree and still treat one another with civility, respect and courtesy. It should never be the loudest voice that wins a debate, but rather the most reasonable voice.



Thomas Gallagher, Ph.D.

I mention this only because of the pride I take in, and the respect I have for, the community liaison process. Our Community Liaison Council (CLC) has a unique role coupled with compelling responsibility. No, we don't set NIH policy any more than we fashion a Washington Redskins' game plan. But we are far more than observers. We have been invited in to be participants in the NIH process. We have been given the opportunity (and the responsibility) to play a significant role in a biomedical process that must culminate in remarkable science and a better, more closely knit community. We have need for the wisdom of Solomon, the patience of Job, and a devotion to community service.

NIH, for its part, strives to be the best neighbor possible. If that were not true, the CLC would not exist. That being said, it must also be said that NIH is not exactly a typical neighbor. For one thing, NIH sits on over 300 acres of land and on any given workday over 20,000 individuals enter the NIH campus to either work or receive care. That's a lot of people and a lot of opportunities to annoy another neighbor. The neighborhoods that have grown up around NIH are residential—places where people live. NIH, on the other hand, is a biomedical research institute—a place where people work. NIH is to laboratories and research as the NFL is to stadiums and football. The NFL and the NIH each do what they do. NIH does many things, but primarily it is a research center. Obviously, the differences between NIH and any of the single- or multiple-family residences in the neighborhoods abound.

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The Community Liaison Council will hold its next meeting on **Thursday, November 21, at 4 p.m.**, in the Natcher Conference Center, Building 45, Conference Room D.

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What's my point? Simply this: NIH is a unique neighbor. It is large, infinitely complex and ever changing and developing. It is comprised of thousands of serious, hardworking men and women who have dedicated themselves to advancing the nation's health. NIH scientists would love to have cured everything yesterday. But until disease itself is eradicated, the NIH will continue to be the NIH. In the meantime, in the midst of all the work and responsibility, NIH will continue to strive on a daily basis to be the best neighbor possible. The CLC exists to help the NIH fulfill its mission. We work together to achieve the future. I don't know about you, but I think we have a difficult job and an awesome responsibility. For my part, I'm proud to be associated with each and every member of the CLC. Since the first day of working with this council, I have consistently been treated with the same courtesy and respect that I try so hard to always extend to others.

So thank you for welcoming me so graciously, working with me so courteously and treating me with the dignity and respect that I like for my children to believe I deserve.

NIH CAMPUS NEWS AND ACTIVITIES

NIH Wins Beautification Award

A replenished supply of American elms that now graces the NIH campus just received county recognition. The Keep Montgomery County Beautiful Program recently awarded the NIH an Annual Beautification Award in recognition of its new streetscape from the Natcher Building (Building 45) north to the intersection of



NIH's award-winning treescape

South Drive and the new Louis Stokes Laboratories (Building 50). Under the leadership of Lynn Mueller, chief of the NIH Grounds Maintenance and Landscaping Section (GMLS), 23 more disease-resistant American elm trees have been planted to replenish the supply of American elm trees that have been lost to Dutch Elm Disease since the early 1960s. GMLS created 21 tree wells along a 1,200-foot section of Center Drive, filled with colorful annual flowers that are planted each May. On the west side of Center Drive, April-flowering double pink Kawanzan cherry trees stand in similar beds of colorful annual flowers. As a result of this project, a large portion of the main campus thoroughfare has now been returned to what many of the city and residential streets looked like 40 years ago. Congratulations, GMLS!

Women's Heart Health Awareness Campaign Launched

Less than one-third of American women recognize that heart disease is the leading cause of death among women—a fact the National Heart, Lung, and Blood Institute (NHLBI) wants to change with its new national women's heart health awareness campaign. *The Heart Truth* campaign is designed to increase awareness and to motivate women to take heart health seriously by talking with their doctors and taking steps to reduce their risks. Heart disease—which includes coronary artery disease, congestive heart failure, angina and other conditions—is the leading cause of death among American women. Despite this fact, research indicates that many women assume that heart disease is a “man's health issue.” It also shows that women believe cancer to be more of a health threat, and they do not link risk factors such as smoking, physical inactivity and being overweight to heart disease.

The Heart Truth campaign features public service announcements, a brochure and other publications (available by calling 1-800-575-WELL), a speaker's kit to assist community leaders and interested consumers in spreading the word about heart disease, and Web pages on the NHLBI Web site at <http://www.nhlbi.nih.gov/health/hearttruth>. An initiative is also under way to alert health care providers about the need to speak with their women patients about heart disease.

New NIH Web Site Promotes a Good Night's Sleep for Children

Did you know that children need at least nine hours of sleep each night for their health and safety, and to do well in school and in other activities? Learn about the importance of adequate nighttime sleep for children by logging on to "Mission

Z," a new educational Web site at <http://starsleep.nhlbi.nih.gov> launched by the National Heart, Lung, and Blood Institute (NHLBI).



Designed for children in second and third grade as well as their parents, teachers and pediatricians, the cartoon character Garfield guides you through an online mystery, games and other downloadable features that provide information about the importance of sleep. The site also contains resources to help parents, teachers and pediatricians ensure that children get an adequate amount of nighttime sleep. Parents can find tips such as establishing a routine for children that includes a warm bath or a bedtime story before a regularly scheduled bedtime. Sleep-oriented lesson activities and other tools are available on the site for educators to help them incorporate sleep into classroom activities and parent outreach.

The Mission Z Web site is part of NHLBI's *Sleep Well. Do Well. Star Sleeper Campaign*, a five-year initiative of the Institute's National Center on Sleep Disorders Research and Paws Inc., that features Garfield as its "spokescat." The goal of the campaign and its Web site is to provide fun and engaging experiences that help children understand the importance of a good night's sleep, said NHLBI Director Claude Lenfant, M.D. "If they adopt this philosophy when they are young, we will have a better chance of protecting them against drowsy driving crashes and other serious accidents when they become adolescents," he added.

NIH Ski Club Holds Charity Dance

Come and dance with the NIH Ski Club to help raise money for kids with cancer. On Friday, November 8, from 8 p.m. to midnight, join ski club members in this benefit dance at the Gaithersburg Holiday Inn to help raise money for Special Love, Inc. This NIH charity offers programs for children with cancer that enables them to experience things that healthy children enjoy every day. Proceeds from this event will allow the children and their families to go on two skiing trips this winter. *Retrospect* will provide music, and dancers can enjoy a light buffet and participate in a silent auction as well as a live auction with great prizes. Tickets can be purchased for \$30 per person at the NIH Recreation and Welfare Association's Activities Desk in Building 31 on the NIH campus. For more information, call Bob Bingaman at 301-829-2079.

GWU Offers Mobile Mammography Screening at NIH

The George Washington University Breast Care Center will visit NIH for its annual fall 2002 mammography screening. All NIH employees, their families, and others associated with NIH (visiting scientists, contractors, volunteers, etc.) are eligible to participate. Screening will take place on-site from 9:30 a.m. to 3:45 p.m. by appointment. A female technologist will conduct each screening, and a board-certified radiologist specializing in mammography will interpret the films. Each appointment, which should last about 20 minutes, will cost \$138; the cost can be paid by cash, check or insurance. To see if your insurance is accepted or to make an appointment, call 202-994-9999.

The screening dates are:

November 6	Building 10, Lot 10H
November 13	Executive Plaza North and South, parking lot behind the complex
November 20	Rockledge, visitor parking behind Rockledge One
November 27	Neuroscience Center, parking lot next to 6003 Executive Boulevard
December 17	Building 45, front of building

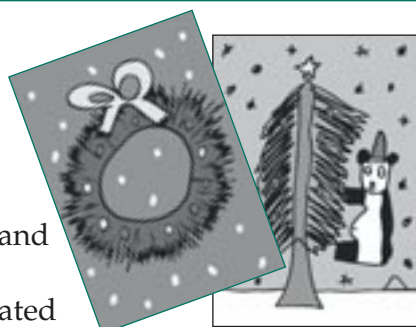
Children's Inn Holiday Cards Now Available

How will you share holiday wishes with your friends, family and colleagues this year?

Holiday cards illustrated

by children at The Children's Inn at NIH are a

special way to support the Inn and celebrate the holiday spirit. The Inn is a non-profit family-centered residence for pediatric patients with a chronic or life-threatening illness and their families. These children have come to the NIH with their families from around the world because conventional treatments have failed, or have not had a sufficient impact on their illness. Each card contains a short biography of the young artist and a note on the back that says a donation has been given to the Inn. The cards can also be personalized with your family or company name. To order, contact Jan Mahrer at the Inn, 301-451-9453 or via e-mail at jmahrer@mail.nih.gov.



Children's Inn holiday cards

NIH Announces Clinical Trial on Alternate Treatment for Coronary Artery Disease

As we are reminded frequently, coronary artery disease is the leading cause of death in this country. While there are ways to reduce the risk, limit the complications, and improve procedures to treat this disease, two branches of NIH will investigate the possibilities of an alternate treatment. The National Center for Complementary and Alternative Medicine (NCCAM) and the National Heart, Lung, and Blood Institute (NHLBI) recently announced a large-scale, five-year study that will consider the usefulness of chelation therapy in fighting this killer disease.

Chelation therapy involves the use of ethylene diamine tetra-acetic acid (EDTA), a synthetic amino acid that is administered intravenously and is approved by the U.S. Food and Drug Administration (FDA) as treatment for lead poisoning. Although not approved by the FDA to treat coronary artery disease, some physicians and alternative medicine practitioners have recommended EDTA chelation as a way to treat this disorder.

The study will enroll 2,372 patients, aged 50 or older, who have had a heart attack. Half of the study participants will be given EDTA chelation therapy, and the other half will be given placebo. The study will look for any significant benefits or side effects as well as other factors, including cardiac deaths, nonfatal heart attacks, health-related quality of life and cost-effectiveness.

Patient recruitment is scheduled for March 2003 in more than 100 research locations throughout the country. For more information about the study, locations and enrollments, visit the NCCAM Web site at <http://www.nccam.nih.gov>.

NIH Director's Wednesday Lecture Series Announces November Programs

The 2002–2003 season of the NIH Director's Wednesday Afternoon Lecture series is now under way. Come and listen to scientific talks from some of the top biomedical researchers in the world. All lectures are free and open to the public and are held at 3 p.m. (unless otherwise noted) in Masur Auditorium, Building 10, on the NIH campus in Bethesda, Maryland. Visit <http://www1.od.nih.gov/wals/schedule.htm> for a complete schedule or call Hilda Madine at 301-594-5595 for reasonable accommodations. Upcoming lectures in November include:

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|--------------------|---|
| November 6 | AIDS: A Window on Infectious Diseases
by Henry Masur, M.D., Chief,
Critical Care Medicine
Department, Warren Grant
Magnuson Clinical Center, NIH |
| November 13 | Chromatin and Its Impact on Gene Expression and Cellular Memory
by Danny F. Reinberg, Ph.D.,
Investigator, HHMI, Professor,
Department of Biochemistry,
Robert Wood Johnson Medical
School, University of Medicine and
Dentistry of New Jersey |
| November 20 | A Second Post-War Revolution in Biomedicine
by Donald D. Kennedy, Ph.D.,
Editor-in-Chief, <i>Science</i> , Bing
Professor, Environmental Science
Emeritus, President Emeritus,
Stanford University |

NIH Honors Former NIH Director Donald Fredrickson at Memorial Program

NIH remembered and paid tribute to the life and work of former NIH director Donald S. Fredrickson, M.D., last month. Fredrickson, who died at the age of 77 on June 7, 2002, was remembered by colleagues as a scientist, statesman and humanitarian at a memorial program in NIH's Natcher Auditorium on October 18, 2002. Serving three presidents as NIH director from 1975 through 1981, Fredrickson is best known for his discoveries involving the relationship between heart disease and cholesterol.



Dr. Fredrickson

Dr. Thomas Malone, former NIH deputy director and acting director, led the memorial program, which included a video tribute and remarks by colleagues who knew Fredrickson at various stages of his career. The occasion was also marked by the addition of his papers to "Profiles in Science"—a Web site dedicated to documenting the lives and works of prominent 20th-century biomedical scientists.

"Fredrickson's studies of the connection between lipids (fats and cholesterol) and heart disease made him one of the most widely cited physiologists of the 1960s and 1970s, and highlighted the benefits of a healthy diet," said Dr. Alexa McCray, who heads the Profiles in Science project.

Fredrickson's research on cholesterol and the structure of the plasma lipoproteins resulted in a system for classifying abnormalities in lipid transport in the blood which was adopted by the World Health Organization as an international standard for identifying increased risks of coronary artery disease. He also discovered two genetic diseases—Tangier Disease, a disease of cholesterol transport, and "cholesteryl ester storage," a lysosomal enzyme deficiency.

Born in Colorado, Fredrickson received his M.D. in 1949 from the University of Michigan, before joining the National Heart, Lung, and Blood (NHLBI) Institute in 1953. In 1966 he was named NHLBI director.

NIH CALENDAR OF EVENTS*

November 3

FAES Music Series: *Prazak Quartet*, 4 p.m., Landon School Mondzac Performing Arts Center, 6101 Wilson Lane, Bethesda, Maryland, \$25, open to the public. For more information, call 301-496-7976 or visit <http://www.faes.org>.

November 6

The NIH Director's Wednesday Afternoon Lectures: *AIDS: A Window on Infectious Diseases* by Henry Masur, M.D., Warren Grant Magnuson Clinical Center, NIH, 3 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call Hilda Madine at 301-594-5595 for more information or visit <http://www1.od.nih.gov/wals/schedule.htm>.

November 7

2002 Distinguished Lectures in the Science of Complementary and Alternative Medicine: *The Global Transformation of Health Care: Cultural and Ethical Challenges to Medicine* by Arthur Kleinman, M.D., Harvard University, 10 a.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call 301-984-7191 for more information or visit <http://www.nccam.nih.gov/news/lectures/upcoming.htm>.

The National Library of Medicine Film Series: *Gross Anatomy*, 6:30 p.m., Lister Hill Auditorium, Bldg 38 A, NIH campus, free and open to the public. Call 301-496-5963 for more information.

November 12

The Mood and Anxiety Disorders Distinguished Lecturer Series: *The Tumbling Teen Suicide Rate: Likely Causes and Broad Implications* by David Shaffer, M.D., Columbia University, 12:30–2 p.m., Wilson Hall, Building 1, NIH campus. Call 301-435-8982 for more information.

November 13

NLM History of Medicine Seminar Series: *The Medical Historian and Journalist: Fielding H. Garrison and H. L. Mencken* by Dr. Eric C. Coleman, 2–3:15 p.m., Conference Room B, Building 38, NIH campus, free and open to the public. Call 301-402-8878 for more information or visit http://www.nlm.nih.gov/hmd/seminars_2002.html.

Behavioral and Social Sciences Lecture Series: *Advances in the Science of Self-Report: Diaries as a Research Tool* by Arthur Stone, Ph.D., State University of New York at Stony Brook, 9–10 a.m., Balcony B, Building 45, NIH campus, free and open to the public. Call Ronald Abeles at 301-496-7859 for more information.

The NIH Director's Wednesday Afternoon Lectures: *Chromatin and Its Impact on Gene Expression and Cellular Memory* by Danny F. Reinberg, Ph.D., Robert Wood Johnson Medical School, University of Medicine and Dentistry of New Jersey, 3 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call Hilda Madine at 301-594-5595 for more information or visit <http://www1.od.nih.gov/wals/schedule.htm>.

November 14
The National Library of Medicine Film Series: *Innerspace*, 6:30 p.m., Lister Hill Auditorium, Building 38A, NIH campus, free and open to the public. Call 301-496-5963 for more information.

November 17
FAES Music Series: *Peter Serkin, piano*, 4 p.m., Landon School Mondzac Performing Arts Center, 6101 Wilson Lane, Bethesda, Maryland, \$25, open to the public. For more information, call 301-496-7976 or visit <http://www.faes.org>.

November 18
NIH Neuroscience Seminar Series: *Control of Synapse Number and Strength in Developing Cortical Networks* by Gina Turrigiano, Ph.D., Brandeis University, 12 p.m., Wilson Hall, Building 1, NIH campus, free and open to the public. Call Dr. Story Landis at 301-435-2232 for more information or visit <http://neuroseries.info.nih.gov/index.asp>.

November 20
The NIH Director's Wednesday Afternoon Lectures: *A Second Post-War Revolution in Biomedicine* by Donald Kennedy, Ph.D., Stanford University, 3 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call Hilda Madine at 301-594-5595 for more information or visit <http://www1.od.nih.gov/wals/schedule.htm>.

**Calendar items subject to change. Call to confirm your event.*

OTHER NEWS AND ACTIVITIES OF INTEREST

Bethesda's Winter Wonderland Set for December 7

Celebrate the holidays on December 7 as local children's groups and schools perform during Bethesda's Winter Wonderland.

Organized by the Bethesda Urban Partnership (BUP), this event features entertainment, cultural activities, music, caroling, ice skating



and, of course, Santa Claus. Don't miss the fun at 2–4 p.m. at the Bethesda Metro Center and the Newland Building Plaza (at the corner of Old Georgetown Road and Wisconsin Avenue). Call BUP to confirm event times and activities at 301-215-6660.

Strathmore Arts Center Presents Annual Museum Shop Around

Get a head start on your holiday shopping at a "shopping mall" of museums. Strathmore Hall Arts Center is once again holding its 13th annual Museum Shop Around featuring unique arts gifts from 17 museum shops on November 8–11. Participating museums include the National Building Museum, the Corcoran Gallery of Arts, the Library of Congress and the Freer Gallery of Art. Event hours are 10 a.m.–8 p.m. on Friday, 10 a.m.–6 p.m. on Saturday and Sunday, and 10 a.m.–4 p.m. on Monday. A tax-deductible donation of \$8 is encouraged. Free on-site parking is available. Strathmore is located at 10701 Rockville Pike in North Bethesda. For more information, call 301-530-0540.

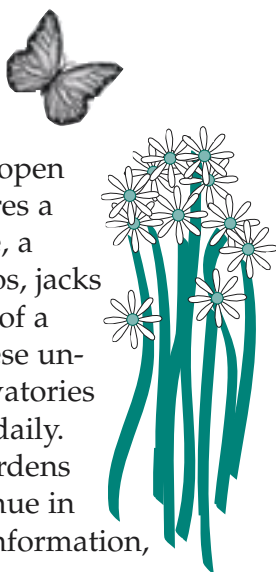
Brookside Gardens Opens Garden of Lights—Winter Garden Walk

Don't miss the spectacular half-mile walk-through light display at Brookside Gardens opening this month—just in time for holiday company. On November 21, Brookside opens its annual Garden of Lights—Winter Garden Walk. Featuring more than 600,000 miniature lights, the displays are artfully crafted to depict much of the existing flora and fauna found at the gardens. Brilliant roses, cascading wisteria and sparkling fountains light up the landscape. The light display hours are from 5:30 to 9 p.m. on select dates through January 5. Prices are \$15 per car/van on Fridays, Saturdays and Sundays, and \$10 on all other days. Call 301-962-1453 for more information. Dates are listed below:

November 2002	21–24, 29–30
December 2002	1, 5–8, 12–15, 18–23, 26–30
January 2003	1–5

Game Show Display of Mums at Brookside

Chess with flowers? Why not? Brookside Gardens' annual chrysanthemum show, which is open now through December 1, features a game show theme. Gigantic dice, a chessboard, a dartboard, dominos, jacks and playing cards are made out of a variety of mums trained into these unusual forms. Mum-filled conservatories are open from 10 a.m. to 5 p.m. daily. Admission is free. Brookside Gardens is located at 1800 Glenallen Avenue in Wheaton, Maryland. For more information, call 301-949-8230.



Literary Lecture Series Program Celebrates Children's Book Week

Rebecca, a historical novel based on the childhood of a woman living in Maryland during the 1920s and 1930s, will be the focus of this month's Literary Luncheon Series program at the Strathmore Hall Arts Center. Author Diane Leatherman will present the novel during the 11:30 a.m. lecture on November 21, which will be followed by a luncheon at 12:30 p.m. The lectures series, which continues in the spring, costs \$20 per lecture including lunch or \$15 without lunch. Strathmore Hall Arts Center is located at 10701 Rockville Pike in North Bethesda. For more information, call the Friends of the Library at 240-777-0020.

Glenview Mansion Hosts Holiday Open House

Enjoy musical performances each hour at the Glenview Mansion Holiday Open House on December 1 from 1 to 4 p.m. Part of the mansion's free Sunday Afternoon Concert Series, visitors can peruse art on display from the Rockville Art League while listening to a variety of musical performers. Tours of the mansion decorated in all of its holiday splendor will also be available. Glenview Mansion is located at 603 Edmonston Drive in Rockville. For more information, call the Rockville ARTS HOTLINE at 301-309-3057 or visit the City of Rockville Web site at <http://www.ci.rockville.md.us>.

Amelia Bedelia at Imagination Stage Beginning November 9

Families will love seeing *Amelia Bedelia* and her many comic sidekicks in a theatrical production of this popular children's book. Performances are on Saturdays and Sundays at 12:30 p.m. and 3 p.m. at the Imagination Stage at the White Flint Mall, located on the second level next to Bloomingdale's. The theater is wheelchair accessible. Ticket prices are \$7.50 general admission and \$6.50 for groups of 10 or more. For more information or to purchase tickets (advance purchase is recommended), call the Imagination Stage box office at 301-881-5106 or visit <http://www.ImaginationStage.org>.

TRY THIS WEB SITE: <http://www.bt.cdc.gov>

The Centers for Disease Control and Prevention (CDC) offers a variety of accurate information on bioterrorism, biological agents, related news topics and factsheets at this Web site. Visitors to the site can learn about anthrax, smallpox, radiological emergencies and chemical agents. The site also features a section for lab and health professionals with more detailed information. Related news releases on bioterrorism issues are available as well as information on preparing for biological threats, emergency response procedures, who to contact in an emergency and additional resources. Factsheets are also provided in Spanish.

VOLUNTEER OPPORTUNITIES

Trauma Survivors Sought

The National Institute of Mental Health is seeking volunteers for research studies looking at how people respond to and cope with traumatic experience. Studies for people over 18 years old may include brain imaging, measurement of stress hormones and a free trial of commonly used medications for eligible participants. For more information, call 1-866-MAP-NIMH (1-866-627-6464).

Blood Samples Needed

An NIH study is recruiting healthy African-American, Taiwanese and Japanese adults to donate blood. The samples will be used to test for a platelet membrane glycoprotein (CD36) that is absent from the platelets of a small percentage of individuals from these populations. You must be 18 or older to be eligible. Compensation will be provided. For more information, contact Donna Jo McCloskey at 301-496-5150.

Thalassemia Major?

Consider an NIH study that may increase the amount of red cells in your body. For more information, call 1-800-411-1222 (TTY: 1-866-411-1010) or e-mail prpl@cc.nih.gov.

Are You at Risk for Heart Disease?

An NIH study seeks post-menopausal women who either smoke or have high blood pressure, high cholesterol, or diabetes. Compensation is provided. For more information, call 1-800-411-1222 (TTY: 1-866-411-1010) or e-mail prpl@cc.nih.gov.

Healthy Children Ages 6 to 17 Needed

The National Institute of Neurological Disorders and Stroke is seeking healthy children, ages 6 to 17, to participate in a sweat measuring study. The sweat measuring test is non-invasive. Participation involves one-hour-long outpatient visit. Compensation is provided. For more information, call 1-800-892-3276 (TTY: 1-866-411-1010) or e-mail prpl@cc.nih.gov.

The OCL Update is available on our Web site at <http://ocl.od.nih.gov>. If you would rather view this document online and not receive a printed version, please contact the OCL office at 301-496-3931. If you would like to list an upcoming event of interest to the local community, call Terry LaMotte at Palladian Partners, OCL support contractor, at 301-650-8660, or send her an e-mail at tlamotte@palladianpartners.com.

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